

Join Our Next 20-Week Group Intensive Program Healing Your Past - Transforming Your Future

Developed in conjunction with the John Bradshaw Center

ARE YOU READY TO CREATE THE LIFE YOU WANT?

- Are you distressed by feelings of inadequacy, anxiety, depression, stress, or anger?
- Do you take care of other people's feelings and needs and neglect your own?
- Can your parents still hurt you, get you angry, or make you feel like a little kid?
- Do you want relationships where truth is spoken, feelings are expressed, and trust exists?

Hundreds of people over the last 20 years have had powerful results like this:

"I am so grateful that I took this program. I feel I have broken free from a lifetime of inner blockages that I've been working on for as long as I can remember. I've gotten a new, deep sense of trust of my inner guidance, confidence in my capacities to be in intimate relationships... I feel that my life's purpose in love and career can manifest more easily and clearly now." - Rob N.

Saturdays

11am - 1:30pm



Berkeley

**Limited
Enrollment**

Counseling With Heart - Producing Results That Work
Begin a Process of Lasting Transformation

**CALL NOW for NEXT START DATE
and FREE FIRST SESSION**

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