

Learn communication skills?
Looking for balance?
Release the past?
Seeking clarity?
Dealing with grief?
Want to release stress?
Overcome addictions?
Resolve career problems?
Stop your inner critic?
Establish healthy boundaries?
Troubled by anxiety, depression?
Want to discover your purpose?
Overcome self-esteem issues?
Resolve relationship issues?

Thought you couldn't afford therapy?

Sliding-Scale, Affordable Therapy **Fees that Fit YOUR Finances!**

North Berkeley

Free Parking



Counseling With Heart – Producing Results That Work

- Individual, Couples, Child, Teen, and Family Therapy
- Women's Creative Arts Group, Men's Group, Mixed Men and Women's Groups
- Workshops and Pre-Marital/Relationship Class

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