

*Healing Your Past - Transforming Your Future*  
*20-Week Group Intensive Program*

**Therapist:** Daniel Lesny  
**Location:** 1221 Marin Avenue, Berkeley, CA  
**Time:** Saturdays, 11am-2pm  
**Office Phone Number:** (510) 527-2100, ext. 3

**Session #1** Saturday, November 10, 2018  
**Session #2** Saturday, November 17, 2018

**No session on November 24 - Thanksgiving Weekend**

**Session #3** Saturday, December 1, 2018  
**Session #4** Saturday, December 8, 2018  
**Session #5** Saturday, December 15, 2018  
**Session #6** Saturday, December 22, 2018

**No session on December 29 - Winter Holiday**

**Session #7** Saturday, January 5, 2019  
**Session #8** Saturday, January 12, 2019  
**Session #9** Saturday, January 19, 2019  
**Session #10** Saturday, January 26, 2019  
**Session #11** Saturday, February 2, 2019  
**Session #12** Saturday, February 9, 2019  
**Session #13** Saturday, February 16, 2019  
**Session #14** Saturday, February 23, 2019  
**Session #15** Saturday, March 2, 2019  
**Session #16 \*\*** Saturday, March 9, 2019  
**Session #17** Saturday, March 16, 2019  
**Session #18** Saturday, March 23, 2019  
**Session #19** Saturday, March 30, 2019  
**Session #20** Saturday, April 6, 2019

<p><b>Special Note: Please reserve Saturday, April 14, 11am-2pm for a possible group session, if needed</b></p>
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