

*Healing Your Past - Transforming Your Future*  
*20-Week Group Intensive Program*

**Therapist:** Daniel Lesny  
**Time:** Saturdays, 11am-2pm  
**Office Phone Number:** (510) 527-2100, ext. 3

**Session #1** Saturday, April 10, 2021  
**Session #2** Saturday, April 17, 2021  
**Session #3** Saturday, April 24, 2021

**No session on May 1**

**Session #4** Saturday, May 8, 2021  
**Session #5** Saturday, May 15, 2021  
**Session #6** Saturday, May 22, 2021

**No session on May 29 - Memorial Day Weekend**

**Session #7** Saturday, June 5, 2021  
**Session #8** Saturday, June 12, 2021  
**Session #9** Saturday, June 19, 2021  
**Session #10** Saturday, June 26, 2021

**No session on July 3 - Independence Day Holiday**

**Session #11** Saturday, July 10, 2021  
**Session #12** Saturday, July 17, 2021  
**Session #13** Saturday, July 24, 2021  
**Session #14** Saturday, July 31, 2021  
**Session #15** Saturday, August 7, 2021  
**Session #16** Saturday, August 14, 2021  
**Session #17** Saturday, August 21, 2021  
**Session #18** THURSDAY, August 26, 6-8:30pm

**No session on September 4 - Labor Day Weekend**

**Session #19** Saturday, September 11, 2021  
**Session #20** Saturday, September 18, 2021

**Special Note: Please reserve Saturday, September 25, 11am-2pm  
for a possible group session, if needed**