

Healing Your Past - Transforming Your Future
20-Week Group Intensive Program

Therapist: Daniel Lesny
Time: Saturdays, 11am-2pm
Office Phone Number: (510) 527-2100, ext. 3

Session #1 Saturday, April 5, 2025
Session #2 Saturday, April 12, 2025
Session #3 Saturday, April 19, 2025

No session on 4/26/25

Session #4 Saturday, May 3, 2025
Session #5 Saturday, May 10, 2025
Session #6 Saturday, May 17, 2025

No session on May 24 - Memorial Day Holiday

Session #7 Saturday, May 31, 2025
Session #8 Saturday, June 7, 2025
Session #9 Saturday, June 14, 2025
Session #10 Saturday, June 21, 2025
Session #11 Saturday, June 28, 2025

No session on July 5 - Independence Day Holiday

Session #12 Saturday, July 12, 2025
Session #13 Saturday, July 19, 2025
Session #14 Saturday, July 26, 2025
Session #15 Saturday, August 2, 2025
Session #16 Saturday, August 9, 2025
Session #17 Saturday, August 16, 2025
Session #18 Saturday, August 23, 2025

No session on August 30 - Labor Day Holiday

Session #19 Saturday, September 6, 2025
Session #20 Saturday, September 13, 2025

**Special Note: Please reserve Saturday, September 20, 11am-2pm
for a possible group session, if needed**